When to Refer for Hematologic Evaluation: A Screening Tool for Bleeding Disorders in Women with Menorrhagia

Q1. How many days did your period usually last, from the time bleeding began until it completely stopped?

Q2. How often did you experience a sensation of “flooding” or “gushing” during your period?

Q3. During your period did you ever have bleeding where you would bleed through a tampon or napkin in ≤2 hours?

Q4. Have you ever been treated for anemia?

Q5. Has anyone in your family ever been diagnosed with a bleeding disorder?

Q6. Have you ever had a tooth extracted or had dental surgery?
   Q6a. Did you have problems with bleeding after tooth extraction or dental surgery?

Q7. Have you ever had surgery other than dental surgery?
   Q7a. Did you have bleeding problems after surgery?

Q8. Have you ever been pregnant?
   Q8a. Have you ever had bleeding problems after delivery or after a miscarriage?

The screening tool is considered to be positive if one of the following four criteria is met:
1) The duration of menses is greater than or equal to 7 days and the woman reports either “flooding” or impairment of daily activities with most periods
2) A history of treatment of anemia
3) A family history of a diagnosed bleeding disorder
4) A history of excessive bleeding with tooth extraction, delivery or miscarriage, or surgery

Sources